Open Doors™

HypnoMeditation Journal

Obsidian

Obsidian HypnoMeditation Journal

To take the next step start from where you are now

Day 1

Day 2

Day 3

Day 4

Day 5

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Movement creates movement. Trust that spark that wants you to take action

Day 6

Day 7

Day 8

Day 9

Day 10

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Ask yourself what you need to know and in the quiet inspiration arises

Day 11

Day 12

Day 13

Day 14

Day 15

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The things that drain you can be released through awareness

Day 16

Day 17

Day 18

Day 19

Day 20

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Living from your center gives you freedom to be all you are

Day 21

Day 22

Day 23

Day 24

Day 25

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The earth enlivens. To receive that energy open to it.

Day 26

Day 27

Day 28

Day 29

Day 30